

Athletes *of the* Week

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AND...

We Are Proud To Salute:

Glendale basketball player Vance Kimberly has been named The Progress' Male Athlete of the Week for the week ending Jan. 10.



Kimberly had 18 points and 16 rebounds in a double-overtime victory over Mo Valley then followed that up with a 24-point night at Williamsburg. He also had 10 points in a win at Juniata Valley.

"Yes, he, and we, had a solid week," said Vikings head coach Rick Stackhouse. "He is scoring for us, but I think his biggest contribution has been his rebounding.

"That has a lot to do with hustle and desire. I feel that he has become more comfort-

able playing with our younger players, and he has become more confident in them, which makes for a better team."

Vance Kimberly

Name: Vance Kimberly.

School, grade: Glendale, 12th.

Parents: Ron and Patty Kimberly.

Siblings: brother, Shane (19); sister, Caitlin (13)

Pets: None.

How long have you been playing basketball?: "Since third grade."

Greatest accomplishment: Making all-stars in football, basketball and baseball last year.

Biggest rival: Mo Valley.

Pre-Game ritual: Wash my

hair and pray.

Favorite team: Duke.

Favorite athlete: Tim Tebow.

Favorite food: Central Pizza.

Favorite movie: Step

Brothers.

Favorite TV show: SportsCenter.

Favorite musician: Eve 6.

Favorite color: maroon.

Favorite ice cream flavor: strawberry.

Hobbies: Hanging out with friends.

Hidden talent: I can juggle.

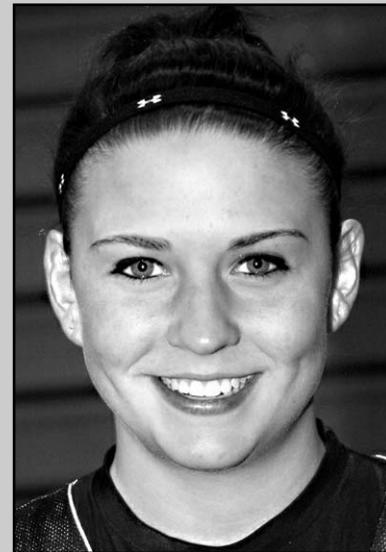
Favorite amusement park ride: any roller coaster.

Moshannon Valley's Vanessa Rowley has been named The Progress' Female Athlete of the Week for the week ending Jan. 10.

Rowley had 14 points in a 52-32 victory over Mount Union Thursday, then followed that up with a 24-point performance in a 46-25 win over Curwensville on Friday.

"Everybody knows that Vanessa is the quarterback of our offense," said Damsels head coach Aaron Mills. "Our offense wouldn't run efficiently without her.

"She's a very quick point guard. She's close to averaging a double-double. We couldn't run the type of offense we do without her. Defensively, she's good too. She's a great leader



on the floor. She's definitely a key part of our success."

Vanessa Rowley

Name: Vanessa Rowley.

School, grade: Moshannon Valley, 11th.

Parents: Tom and Nadine Rowley

Siblings: Tom, 17; Timothy, 12.

How long have you been playing basketball?: "Since third grade."

Greatest accomplishment: "Making Athlete of the Week."

Biggest rival: Harmony.

Pre-Game ritual: "Listen to

my iPod."

Favorite team: Texas.

Favorite athlete: LeBron James.

Favorite food: macaroni and cheese.

Favorite movie: Step Brothers.

Favorite musician: Eminem.

Hobbies: Other sports, hanging out with friends.

Favorite amusement park ride: roller coasters.