

Athletes *of the* Week

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AND...

We Are Proud To Salute:

West Branch senior football player Matt Sabol has been named The Progress' Male Athlete of the Week for the week ending Nov. 1.

The Warrior running back ran for 115 yards and found the end zone three times, all on runs of 15 or more yards.

The performance helped lead West Branch to its first victory in over two years.

"Matt deserved that performance," West Branch head coach Rob Lazauskas said.

"He's been one of the hardest workers we have. He got his bell rung (earlier in the season) and had to sit out two games, and he came back with a vengeance.

"He's one of those kids that you love to coach. He does all



the little things. His work ethic is unbelievable and he's an incredible kid. I was very fortunate to have the experience to coach him this year."

Matt Sabol

Name: Matt Sabol.
School, grade: West Branch, 12th.
Parents: Vicki and Mark Sabol.
Siblings: Julie, 24; Gina, 22.
Pets: Dog and cat.
How long have you played football?: Four years.
Greatest accomplishment: "The night we beat Mo Valley my sophomore year."
Biggest rival: Moshannon Valley.
Pre-Game ritual: Listening

to music and zoning out.
Favorite team: Pittsburgh Steelers.
Favorite athlete: Willie Parker.
Favorite food: Crab legs.
Favorite movie: The Big Lebowski.
Favorite TV show: Scrubs.
Favorite musician: Elvis Presley.
Hobbies: Hunting and weightlifting.
Favorite school class: Physics.

Philipsburg-Osceola junior volleyball player Taylor Harpster has been named the Progress' Female Athlete of the Week for the week ending Nov. 1.

Harpster led the Lady Mounties to a sweep of Richland in the first round of the District 6 Class AA playoffs.

Harpster went on a pair of five-point service runs in the second and third sets and added nine kills as P-O won 25-21, 25-17 and 25-17 over the Lady Rams.

"She has a really live arm," P-O assistant coach Dave Eckberg said. "She's tough to stop even when there's a good block on because she finds a way to hit around it.



"I've noticed her intensity has picked up the last couple of weeks, and she has become a good leader for us."

Taylor Harpster

Name: Taylor Harpster
School, grade: Philipsburg-Osceola, 11th
Parents: John and Bobbi Harpster
Siblings: Johnnie, 13 and Macy, 15.
Pets: None.
How long have you played volleyball?: "Since seventh grade."
Greatest accomplishment: Winning a state championship in softball, and being named all-state in softball in ninth and 10th grade and volleyball in 10th grade.
Biggest rival: Bald Eagle Area.
Pre-Game ritual: "Get every-

one pumped."
Favorite team: Penn State.
Favorite athlete: Jon Condo.
Favorite food: New York Strip Steak.
Favorite movie: What Happens in Vegas.
Favorite TV show: Law and Order: SVU.
Favorite musician: Jordin Sparks.
Hobbies: Hanging with friends, going to movies, playing Phase 10.
Hidden talent: Grandma laugh.
Favorite amusement park ride: Roller coaster.

These Athletes of the Week will be rewarded for their efforts with a T-shirt from The Progress. The shirts were designed by Jim's Sports Center in Clearfield exclusively for The Progress and these weekly honorees.