

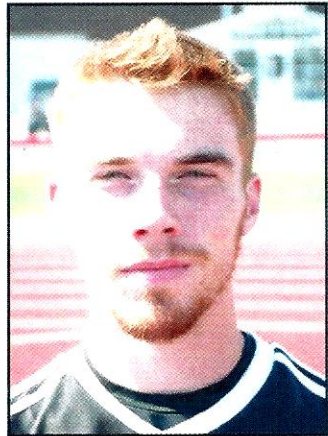
Athlete *of the* Week

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THE PROGRESS



We Are Proud To Salute:

Clearfield boys soccer player has been named The Progress' Male Athlete of the Week for the week ending Oct. 1.



Serena was an integral part of a Bison defense that pitched three shut-outs during the week, beating Punxsutawney (1-0), Philipsburg-Osceola (1-0) and Central (2-0).

"Josh is the center back of Clearfield's defense," Bison head coach Todd Trinidad said. "He plays phenomenal defense, can kick the ball like a professional kicker and has also scored a goal.

"Josh is an all around player that coaches dream about, and I'm lucky

enough to have on my team. Josh is one of our captain's, and he leads on and off the field. Josh was instrumental in shutting down the other teams goal scoring opportunities."

Josh Serena

Name: Josh Serena.
School, Grade: Clearfield, 12th.
Parents: Bill and Debbie Serena.
Siblings: Alyssa, Andrew, Cody, Jacob and Maya.
Pets: a labradoodle named Tucker.
How long have you been playing soccer? "13 years."
Greatest accomplishment: Placing eighth in state choir.
Pre-game ritual: "Listen to Deathcore and getting hyped."
Favorite team: Real Madrid.
Favorite athlete: Cristiano Ronaldo.

Favorite food: chicken cressnant rolls.
Favorite restaurant: Lambert's Cafe in Foley, AL.
Favorite movie: Saving Private Ryan.
Favorite book: Kill or Capture by Matthew Alexander.
Favorite subject: calculus.
Favorite TV show: Bob's Burgers.
Favorite musician: Eric Whitacre.
Dream car: a jet black Lykan HyperSport
Hobbies: singing, guitar, soccer, football, piano, listening to music, watch collecting.
Favorite amusement park ride: roller coaster.

West Branch volleyball player Brittany English has been named The Progress' Female Athlete of the Week for the week ending Oct. 1.



English helped the Lady Warriors go 2-0 during the week.

She had 20 service points and six aces in a victory over Williamsburg.

In a win over Juniata Valley, English had 32 assists, 20 service points, six aces and four kills.

"Brittany brings so much to our team," said Lady Warriors head coach Terry Trude. "She's very athletic. She sets for us, she makes plays in the back row and she's a good server. She's

one of our best all-around players."

Brittany English

Name: Brittany English.
School, Grade: West Branch, 11th.
Parents: Michael and Sally English.
Siblings: Michael (23) and Kaylin (20).
Pets: three dogs -Maggie, Tara and Sadie.
How long have you been playing volleyball? "Seven years."
Greatest accomplishment: Winning ICC titles in volleyball and softball.
Biggest rival: Bellwood-Antis.
Pre-game ritual: music on the bus.
Favorite team: Penn

State.
Favorite athlete: Kerri Walsh.
Favorite food: Chinese.
Favorite restaurant: Bucks Pizza.
Favorite movie: White Chicks.
Favorite book: The Last Song.
Favorite subject: history.
Favorite TV show: The Vampire Diaries.
Favorite musician: Shawn Mendes.
Dream car: Jeep.
Hobbies: sleeping.